Rewyld · One place, many visits

Sit spot log

Return to the same spot, sit quietly for ten minutes or more, and write one line before you leave. Over a season, the lines show you what no single visit can.

My spot

Started on

Date and time	Weather, in my words	What I heard	What had changed since last time

Free to print and share. How to choose a spot and what to notice: rewyld.earth/sit-spot